

Ideals of beauty

Pre-task:

Look at the body types and beauty ideals in the top picture of the magazine article below. In which decade was which type fashionable? Discuss this together and look at the solution only afterwards!

[How the “ideal” body shape has changed over the last 100 years](#)

Image/Text 1

Task 1:

Discuss: What do you do to look more beautiful? Would you have cosmetic surgery? What is your definition of “beauty”? Also talk about cultural differences in your home countries!

You can also get more information on the web about attitudes to beauty, e.g. with the article [It’s our attitudes to female beauty that need surgery](#). What do people do to become more beautiful? What kind of beauty procedures are mentioned in the text?

Solution to the pre-task: 1 – 1920, 2- 1940, 3 – 1950, 4 – 1980, 5 – 2010

Task 2:

Note down words and phrases containing the term “beauty” (you may take to the web for ideas) and try to understand their meaning. Create a vocabulary list on the topic of beauty. You can then translate the words into your partner’s language together with your partner during a Tandem session.

Sources

Image/Text 1 <http://www.cosmopolitan.com/uk/body/news/a32749/perfect-body-has-changed-over-100-years/>

Text 2 <https://www.theguardian.com/fashion/fashion-blog/2013/jun/05/female-beauty-surgery-botox-injection>